

# Ridge School

325 W. Ridgewood Avenue  
Ridgewood, N.J. 07450  
201-670-2740

October 6, 2015

Dear Parents:

This letter is to inform all Ridge School parents that there may be a student and/or staff member in your child's classroom who has a severe food allergy to peanuts/tree nuts. It is important that there is strict avoidance of these foods in order to prevent life-threatening allergic reactions. A reaction can occur simply by smelling or touching nut products of any kind. We are asking for your help in providing the students and staff members at Ridge School with a safe environment.

Any exposure to peanuts/nuts may cause a life-threatening allergic reaction that requires emergency medical treatment. **To reduce the chances of this occurring, we are asking that you do not send in any peanut or nut-containing products to school with your child that will be eaten in the classroom.** A nut-free table is provided for students during lunch to eliminate their exposure in the cafeteria. If your child has eaten peanuts/nuts before coming to school, please be sure your child's hands and face have been thoroughly washed before entering school.

We would appreciate if you are sending in any treats for your child's class, that you make sure you read the ingredient label carefully. **Do not send in anything that has peanuts, tree nuts (walnuts, almonds, pecans, pistachios, coconut), or nut oils** listed in the ingredients. That also includes food items that are processed in a factory that contain peanut/nut products. If you do send in items with peanuts/nuts listed, we will not be able to serve them.

Please contact the school nurse if you have any questions or concerns. Thank you in advance for your support and cooperation in providing a safe school environment for all of our students and staff at Ridge.

Sincerely,

Colleen Manke R.N. CSN  
Ridge School Nurse