

IMPORTANT INFORMATION CONCERNING FOOD AT RIDGE SCHOOL

Please read carefully!

Birthdays:

- ✓ **As of the 2017-18 school year, students may NOT celebrate their birthdays in school with food or gifts.**
- ✓ Teachers/students will brainstorm a list of ways to celebrate birthdays in school, e.g. recess, game, special activity, cards.

Ridgewood's Board Policy 8505: School Nutrition affects us in the following ways:

- ✓ **NO CANDY or SODA may be sent to school for holiday celebrations (i.e., Halloween, Valentine's Day.)**
- ✓ Teachers may not give candy or any food as rewards.
- ✓ Peanut butter, nuts, and any food items containing such will not be served in the schools.
- ✓ Snacks may be consumed in the classroom if permitted by the classroom teacher; however, only healthy snacks are permitted.
- ✓ Students may bring soda, other non-approved beverages, baked goods, or candy to school for their own consumption, although children and parents are encouraged to make healthy choices.
- ✓ **NO candy** is permitted, even as decoration on treats for **Halloween and Valentine's Day**
- ✓ **NO soda** is permitted at holiday celebrations.

Remember...

- ✓ A goal of the policy is that as students learn about healthy nutrition, they will bring healthy beverages and lunches to school.

Updated: September 2017